



INFORMATION NOTES

Underage athletes must be accompanied by a parent or by those who exercise legal authority.

Requirements:

- Athletes must show up 30 minutes before their scheduled appointment;
- For the urine test, the first urine in the morning is suitable. Before taking the urine sample, the athlete must not eat or drink.
- **Required documents:**
 - Antitetanic vaccination record booklet – agonistic only (*law March 5, 1963, n. 292*);
 - Any previous clinical investigation record, particularly regarding cardiologic inspection;
 - Valid identity document;
- It is recommended that athletes take the physical stress test while wearing sportswear and sneaker.

Athletes won't be allowed to perform any physical stress test while febrile or injured.

Sport certificate shall be delivered after seven days.

Required forms can be found at www.sanirad.it, regarding:

- Patient's medical history
- Physical stress test
- Privacy